

DESSERTS

Add an Americano coffee to your dessert for £1.00

Sicilian Lemon Tart (V) £5.00

A zesty, citrus tart served with a scoop of Mario's Prosecco Sorbet and a drizzle of Brecon Honey.

Classic Apple Crumble (VG) £4.00

One of the nation's favourite desserts, served with plant-based cream **(VG)**, or your choice of Mario's Vanilla Pod ice cream **(V)**, double cream **(V)** or custard. **(V)**

Sticky Toffee Pudding (V) £4.50

Toffee sponge topped with an indulgent sticky toffee sauce and served with your choice of Mario's Vanilla Pod ice cream, double cream or custard.

Strawberry Cheesecake £5.00

A classic fruity cheesecake with a shortbread biscuit base, served with raspberry coulis.

Add a scoop of Mario's Vanilla Pod ice cream for 50p

Raspberry & Peach Melba Sundae (V) £5.50

Layers of raspberry coulis, Mario's Peach and Vanilla Pod ice cream, raspberries, custard and topped with squirry cream and sugar sprinkles.

Go large for £2.00

Mario's Welsh Ice Cream (V) £4.00

3 scoops of your favourite ice cream flavours, made in Wales:

Vanilla Pod, Bueno, Strawberry & Cream, Peach, Brecon Honey, Prosecco Sorbet (VG), Cherry Sorbet (VG).

Cuppa & Cake (V) £2.70

Enjoy a coffee or tea and a pack of traditional Bara Brith or Welsh cakes.

(V) Vegetarian **(VG)** Vegan

 Contains Welsh produce

All items are subject to availability.
Approximate weights shown are prior to cooking.
Some products may contain nuts and nut oils.
Fish and poultry dishes may contain bones.
Dishes marked with **(V)** do not contain meat or fish.
Dishes marked with **(VG)** are suitable for vegans.
All of our food is prepared in kitchens where nuts, cereals containing gluten and other allergens are present.
Our menu descriptors do not include all ingredients.
If you have an allergy or intolerance, please let us know before ordering.
We keep our full Allergen Guide online so that the information is up to date.
Our Allergen Guide can be found on our individual pubs' websites, which can be accessed via **www.sabrain.com**.
Just type the pub name into the search box.

*All of our offers and promotions are subject to Terms & Conditions.
Full Terms & Conditions can be found on our individual pubs' websites, which can be accessed via **www.sabrain.com**.



MENU

S.A. Brain & Co is Wales' leading brewery and licensed hospitality retailer, operating pubs across the length and breadth of Wales.

Founded in 1882, the company has remained in family ownership ever since, brewing a wide range of cask, craft and keg beers in Cardiff, now at our state-of-the-art Dragon Brewery.

In keeping with our proud Welsh heritage, we aim to offer our customers the very best of Welsh food, drink and hospitality in all our pubs.

STARTERS

Seasonal Soup of the Day	£4.00
Served with white tin loaf bread and Welsh butter. <i>Ask your server for today's soup.</i>	
Crispy Katsu Chicken	£5.00
Crispy Japanese style chicken thigh pieces, served with baby gem lettuce and a katsu sauce.	
🌿 Penderyn Whisky & Chicken Liver Pate	£5.50
Served with toasted sourdough, Welsh butter and our Brains beer chutney.	
🌿 Traditional Cockles, Streaky Bacon & Laver Bread	£6.00
Cooked in a rich, creamy sauce, served on toasted malted tin loaf bread.	
Classic Prawn Cocktail	£5.00
Served on a bed of baby gem lettuce, with a home-made seafood sauce, malted tin loaf bread and Welsh butter.	
Crispy Cauliflower Bites (VG)	£4.00
Individual cauliflower florets cooked in a light crispy batter, served with a vegan mayo dip.	
Lamb Kofta Skewers	£5.00
Succulent lamb skewers served with a minted soured cream dip.	

BURGERS

🌿 The Big Brains Beer Burger	£11.00
Your choice of two beef patties or grilled chicken breasts with our signature Brains beer glaze sauce, melted Welsh Cheddar and fried Mozzarella sticks, garnished with lettuce, tomato, onion and topped with beer battered onion rings. Served with skin-on fries and coleslaw.	
🌿 The Taverner's Burger	£10.00
Your choice of a beef patty or grilled chicken breast with grilled streaky bacon, melted Welsh Cheddar and lashings of our sticky Rev James BBQ sauce, garnished with lettuce, tomato, onion and topped with beer battered onion rings. Served with skin-on fries and coleslaw.	
Double up your patty for £2.00	
The Vegan Burger (VG)	£10.00
Aubergine and chickpea patty with smoked Applewood cheese and vegan mayo, garnished with lettuce, tomato, onion and topped with a crispy cauliflower bite and beer battered onion rings. Served with skin-on fries and a dressed house salad.	
Double up your patty for £2.00	
The Classic Burger	£9.00
Keep it simple with your choice of a beef patty, an aubergine and chickpea patty or a grilled chicken breast, garnished with lettuce, tomato and onion. Served with skin-on fries and coleslaw.	
<i>Make it vegan - ask your server for details. (VG)</i>	

(V) Vegetarian (VG) Vegan
🌿 Contains Welsh produce

PUB CLASSICS

🌿 Brains Beer Battered Cod & Chips	£10.00
Sustainably sourced cod fried in a light Brains beer batter, served with skin-on fries, garden or mushy peas, tartare sauce and a wedge of lemon.	
Add bread and butter for £1.00	
🌿 Taverner's Chicken	£10.00
Tender chicken breast topped with streaky bacon, melted Welsh Cheddar and lashings of our sticky Rev James BBQ sauce, served with skin-on fries, beer battered onion rings and garden peas.	
🌿 Sausage & Mash	£9.00
A trio of butcher's pork sausages served with mashed potato, garden peas, home-made caramelised red onion chutney and our rich beef dripping and Rev James gravy.	
Glamorgan Sausage & Mash (V)	£9.00
A trio of traditional leek and cheese sausages, served with mashed potato, garden peas, home-made caramelised red onion chutney and vegetarian gravy.	
Creamy Mushroom Pasta (VG)	£8.50
Pan-fried mushrooms and pasta cooked in a rich, creamy garlic and smoked Applewood cheese sauce, served with garlic bread.	
Chicken Tikka	£8.50
Tender chicken pieces, cooked in a classic tikka sauce served with pilau rice, skin-on fries, a poppadom and mango chutney.	
Add a leek & potato samosa or garlic naan bread for £1.00 or both for £1.50 (VG)	
Keema Curry (VG)	£8.50
Meat free keema served with pilau rice, skin-on fries, a poppadom and mango chutney.	
Add a leek & potato samosa or garlic naan bread for £1.00 or both for £1.50 (VG)	
Traditional Lamb Faggots	£10.00
A classic Welsh recipe of lamb faggots served on a bed of mashed potato and garden peas, topped with minted gravy.	

STEAKS

Sirloin Steak	£15.00
An 8oz, 28 day matured sirloin steak, cooked to your liking and served with skin-on fries, beer battered onion rings, half a grilled tomato, garden peas and a sauce of your choice.	
Lamb Steak	£15.00
A tender 10oz lamb steak, served with skin-on fries, beer battered onion rings, half a grilled tomato, garden peas and mint sauce. <i>Our chef recommends this dish served pink.</i>	
Gammon Steak	£10.00
A 10oz gammon steak served with skin-on fries, beer battered onion rings, half a grilled tomato, garden peas and your choice of either two pineapple rings or two fried free-range eggs.	

ADD EXTRA SAUCE FOR £1.50

- 🌿 Rev James Pepper Sauce
- 🌿 Sticky Beer Glaze Sauce
- 🌿 Beef Dripping & Rev James Gravy

SALADS

🌿 Pantysgawn Goat's Cheese & Brecon Honey Salad (V)	£9.00
Baby gem lettuce, spinach, cherry tomatoes, cucumber, red onion and beetroot topped with walnuts, Pantysgawn goat's cheese and a generous drizzle of Brecon honey.	
Chicken & Bacon Salad	£8.00
Baby gem lettuce, spinach, cherry tomatoes, cucumber and red onion, topped with chicken, streaky bacon and our house dressing.	

SANDWICHES

<i>Served daily until 5pm.</i>	
Served on your choice of sourdough baguette, white or malted tin loaf bread with Welsh butter and Jones' Welsh sea salt crisps.	
Add a handful of skin-on fries or a mug of soup for £1.00	
🌿 Ploughman's	£4.50
Ham, Welsh Cheddar and our Brains beer chutney.	
🌿 Brains Fish Fingers	£5.00
Brains beer battered cod goujons, baby gem lettuce and tartare sauce.	
Chicken, Bacon & Mayo	£4.00
Chicken, streaky bacon and mayo.	
Cheese & Chutney (V)	£4.00
Welsh Cheddar and home-made caramelised red onion chutney. <i>Make it vegan - ask your server for details. (VG)</i>	

JACKETS

<i>Served daily until 5pm.</i>	
Chicken, Bacon & Mayo	£5.00
Chicken Tikka Curry	£5.00
🌿 Cheese & Beans (V)	£4.00
<i>Make it vegan - ask your server for details. (VG)</i>	

SIDES

Skin-on Fries (VG)	£2.00
<i>Add cheese for 50p (V)</i>	
Garlic Bread (VG)	£2.00
<i>Add cheese for 50p (V)</i>	
Beer Battered Onion Rings (VG)	£2.00